

# NurseLine<sup>SM</sup>

## Health information a phone call away

Coping with health concerns can be time consuming and complex. And with so many choices, it can be hard to know where to find trusted information and what to do in a non-emergency situation. Ever experienced one of these scenarios?

- It's midnight. Your child has a fever and now you notice a peculiar rash. What should you do?
- You wake up with severe stomach cramps. You wonder if you should phone your doctor, go to the emergency room or wait it out.
- You are diagnosed with cancer and want to learn more about the disease and possible treatment options.
- A family member is scheduled for a surgical procedure. You read the pamphlets from the surgeon's office, but you still have several unanswered questions.

Instead of playing guessing games with health issues, give UMR's NurseLine<sup>SM</sup> a ring. A simple phone call to NurseLine gets you in touch with a highly trained registered nurse who can answer your medical questions and provide advice—without an appointment.



NurseLine is a 24 hour-a-day, 7 day-a-week nurse telephone line that is completely confidential. Our nurses speak English, Spanish and 140+ other languages and can accommodate those requiring hearing assistance. When you call, you may choose to speak with a registered nurse or access the audio health library which contains over 1,100 topics, such as physical and emotional conditions, procedures, medications, men's and women's health, children's health and much more.



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