



Welcome to The Tennessee Plan Supplemental Medical Insurance for Retirees with Medicare

What is The Tennessee Plan?

As a retiree, you may be eligible for The Tennessee Plan. This plan is designed specifically for retired state and higher education employees, local education and local government employees, and their eligible spouses and dependents who are enrolled in Medicare.

If you have Medicare coverage, you likely need The Tennessee Plan to help cover some of the expenses that Medicare does not. The Tennessee Plan is a supplemental medical insurance program designed to cover certain expenses not fully paid by your Medicare Part A and B coverage.

What kinds of expenses does Medicare not fully pay?

Even with Medicare coverage, your out-of-pocket expenses can add up fast and cause financial difficulty. In 2019, some of the charges Medicare requires you to pay include the following:

- A \$1,364 deductible out of your own pocket each time you are hospitalized.
- Then \$341 a day for the 61st to the 90th day in the hospital and \$682 a day thereafter up to a 60-day lifetime reserve maximum.
- A \$185 deductible for approved doctors' bills and outpatient expenses and then you must pay an additional 20% of the Medicare approved charges after that.
- You may be responsible for any amount over the Medicare-approved charges from providers who do not accept Medicare assignment.

Who is eligible to enroll in The Tennessee Plan?

Individuals hired prior to July 1, 2015, who are eligible for Medicare Part A and meet the following requirements:

- Any retired State of Tennessee employee or local education certified teaching staff receiving a monthly retirement allowance from the Tennessee Consolidated Retirement System (TCRS) or higher education optional retirement plan.
- Retired local education support staff and local government participants who receive a monthly retirement allowance from the TCRS.

Visit www.umar.com/thetennesseeplaninfo for additional information.

If you are enrolled, you may also apply to cover your legally married spouse and eligible dependents who are also enrolled in Medicare. If you qualify and enroll for coverage within 60 days of your initial eligibility, you cannot be denied coverage because of your age or health.

Who administers The Tennessee Plan?

The Tennessee Plan features supplemental medical insurance coverage for retirees with Medicare. The Plan is sponsored by the State of Tennessee with claims administered by UMR/POMCO. As the claims administrator, UMR/POMCO will answer all customer service questions and process all claims and payments. To contact UMR/POMCO, please call 1.888.477.9307, Monday–Friday, 7 a.m. – 5 p.m. CST.

Less paperwork — Because providers file claims with The Tennessee Plan, you don't need to worry about paperwork. Most claims are filed for you by your doctors and hospitals if they have your Medicare and The Tennessee Plan member identification numbers. Claims are then sent electronically to UMR/POMCO after Medicare has completed its part. You are able to look up the status of your claims by visiting www.umar.com/thetennesseeplaninfo.

Can I choose my doctors and hospitals?

The Tennessee Plan gives you complete freedom in choosing doctors and hospitals and does not make you choose from a specific list of providers in order to receive benefits. For maximum financial protection, you should always choose a provider who accepts Medicare assignment.

What is not covered by The Tennessee Plan?

In addition to the exclusions listed in the chart on the following page, The Tennessee Plan does not provide benefits for:

- Services and supplies not covered by Medicare, except those specifically included under the plan,
- Any expense that is paid by Medicare, or
- Any expense if you are enrolled in a Medicare Advantage Plan



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Benefits at a glance

The Tennessee Plan Benefits

Medicare Gaps for 2019

What you owe after Medicare pays

What you owe with
The Tennessee Plan

Basic Benefits

- \$341/day for 61– 90 days in hospital
- \$682/day for 60 lifetime reserve hospital days
- 20% patient's share of approved medical expense
- First three pints of blood

Covered

Skilled Nursing Coinsurance

- \$170.50/day for 21st -100th day

Covered

Part A Deductible

- \$1,364/hospital admission

Covered

Part B Deductible

- \$185/calendar year for medical expenses

Not Covered

Part B Excess

- Medical expense over approved amount

Not Covered

Foreign Travel Emergency

- Emergency care beginning during first 60 days of trip outside USA (after \$250 deductible, benefits limited to \$50,000/lifetime)

Covered at 80%

Hospice

- You must meet Medicare's requirements, including a doctor's certification of a terminal illness

Covered

Prescription Drugs

- Outpatient prescription drugs covered through Medicare Part D

Not Covered



A UnitedHealthcare Company



The Tennessee Plan

Monthly Premium Amounts

PLAN YEAR 2019

30+ years of service	\$88.47
20-29 years	\$100.97
15-19 years	\$113.47
Less than 15 years	\$138.47
Dependent (Spouse)	\$138.47
Local education support staff	\$138.47
Local government	\$138.47

How much are the premiums?

One of the main advantages of The Tennessee Plan is the lower group premium rates you pay for this coverage. Since the monthly premiums are not based on age, they will not increase just because you get older. However, premium rates may increase due to increasing costs, which could happen with any plan. The maximum monthly premium you will pay for single coverage in 2019 is \$138.47. If you are a retired state employee or school teacher with 15 years or more of service, the state will even pay part of your premium cost for you: \$50 for 30 or more years of service; \$37.50 for 20–29 years of service; and \$25 for 15 –19 years of service. Just check the table above to see what your monthly premium will be. The table already reflects these reductions. There is no premium support for spouse coverage.

If you are a local government or local education support staff retiree, you will not receive a state contribution toward your premium. Local governments and local education agencies have the option of paying a portion of their retirees' premiums, but are not obligated to do so.

If you receive a State of Tennessee TCRS benefit check, your portion of the premium cost for the program will be deducted automatically from your monthly benefit payment. If your TCRS benefit is not sufficient to cover the cost for the coverage, or you are a higher education optional retirement plan (ORP) retiree, you will be billed directly. Direct billed retirees can also choose automatic payment from their bank account. An additional form is required.

Visit www.umar.com/thetennesseeplaninfo for additional information.

It's easy to apply

First, read this document carefully and study the charts that explain The Tennessee Plan benefits. Then, just complete the enclosed application form and mail it to Benefits Administration. Be sure to review your application before you mail it to be certain that all information has been properly entered.

Read your plan booklet carefully

When you are accepted for coverage under The Tennessee Plan, you will receive a Plan handbook. Please read the handbook carefully to understand all your rights and responsibilities under The Tennessee Plan. While The Tennessee Plan pays for most of the gaps in your health care left by Medicare, it may not fully cover all of your medical costs. It is your responsibility to review all Plan limitations carefully to make sure that The Tennessee Plan meets your supplemental Medicare needs. The handbook does not provide all the details of Medicare coverage. For details of your Medicare coverage, contact your local Social Security office for assistance.

Anti-Discrimination and Civil Rights compliance

State of Tennessee Benefits Administration does not support any practice that excludes participation in programs or denies the benefits of such programs on the basis of race, color, national origin, sex, age or disability in its health programs and activities. If you have a complaint regarding discrimination, please call 1-866-576-0029.



SPECIAL NOTICE



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The State of Tennessee Benefits Administration does not support any practice that excludes participation in programs or denies the benefits of such programs on the basis of race, color, national origin, sex, age or disability in its health programs and activities. If you have a complaint regarding discrimination, please call 866-576-0029.

If you think you have been treated in a different way for these reasons, please mail this information to Benefits Administration:

- Your name, address and phone number. You must sign your name. (If you write for someone else, include your name, address, phone number and how you are related to that person, for instance wife, lawyer or friend.)
- The name and address of the program you think treated you in a different way.
- How, why and when you think you were treated in a different way.
- Any other key details.

MAIL TO: State of Tennessee, Benefits Administration, Civil Rights Compliance, Department of Finance and Administration, 19th Floor, 312 Rosa L. Parks Avenue, William R. Snodgrass Tennessee Tower, Nashville, TN 37243-1102

Need free language help? Have a disability and need free help or an auxiliary aid or service, for instance Braille or large print? Please call 800.253.9981

You may also contact the: U.S. Department of Health & Human Services – Region IV Office for Civil Rights, Sam Nunn Atlanta Federal Center, Suite 16T70, 61 Forsyth Street, SW, Atlanta, Georgia 30303-8909 or 1-800- 368-1019 or TTY/TDD at 1-800-537-7697.





SPECIAL NOTICE



If you speak a language other than English, help in your language is available for free. This tells you how to get help in a language other than English.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866- 576-0029 (TTY: 1-800-848-0298).

بالمجان لك توافر ال لغوية المساعدة خدمات ف إن ال لغة، انكر ت تحدث ك نت إذا ملحوظة -576-0029 رقم 866
1 وال بكم ال صم هات ف -800-848-0298 رقم ات صل

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-866-576-0029 (TTY:1-800-848-0298)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-866-576-0029 (TTY:1-800-848-0298).

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-866-576-0029 (TTY: 1-800-848-0298) 번으로 전화해 주십시오.

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-866-576-0029 (ATS : 1-800-848-0298).

Ni songen mwohmw ohte, komw pahn sohte anahne kawehwe mesen nting me koatoantoal kan ahpw wasa me ntingie [Lokaiahn Pohnpei] komw kalangan oh ntingidieng ni lokaiahn Pohnpei. Call 1-866-576-0029 (TTY: 1- 800-848-0298).

ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያገዝዎት ተዘጋጅተዋል። ወደ ሚክተለውቁጥር ይደውሉ 1-866-576-0029 (መስማት ለተሳናቸው: 1-800-848-0298)።

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-866-576-0029 (TTY: 1-800-848-0298).

સુચના: જો તમે ગુજરાતી બોલતા હો, તો િન:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-866-576- 0029 (TTY:1-800-848-0298)

注意事項：日本語を話される場合、無料の言語支援をご利用いただけます 1-866-576-0029 (TTY:1- 800-848-0298) まで、お電話にてご連絡ください

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-866-576-0029 (TTY: 1-800-848-0298).

ध्यान दः य द आप हदी बोलते ह तो आपके िलए मुफ्त म भाषा सहायता सेवारं उपलब्ध ह। 1-866-576-0029 (TTY: 1- 800-848-0298) पर कॉल कर।

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-866-576-0029 (телетайп: 1-800-848-0298).

بالمجان لك توافر ال لغوية المساعدة خدمات ف إن ال لغة، انكر ت تحدث ك نت إذا ملحوظة -576-0029 رقم 866-576-0029 (TTY: 1-800-848-0298) شماد رای رایگان ب صورت زباندی ت سه یلات ک نید، می گ ف تگو ف فارسی زب ان ب ه اگر ت وجه ب گ یرید ت ماس با ب اشد می ف راهم (1-800-848-0298)