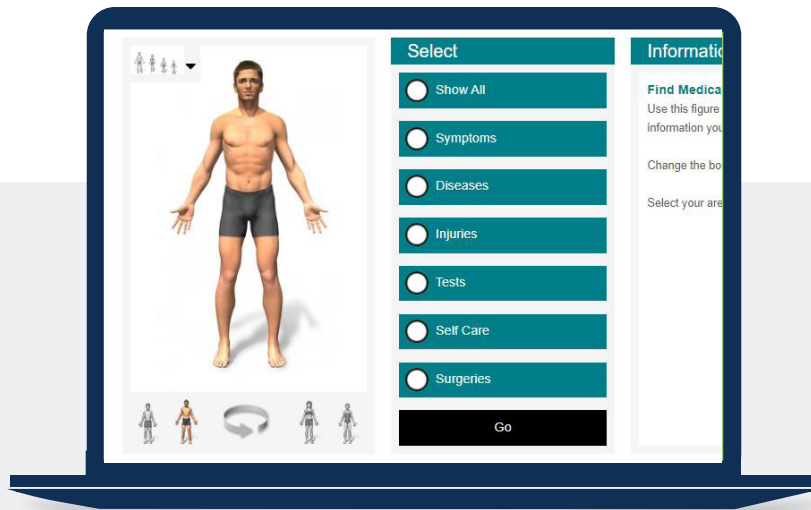




A UnitedHealthcare Company

# Take full advantage of the all access health education library



Optimize your **umr.com** experience. Check out the **health education library**.

Did you know our integrated health education library is accessible anytime, anywhere? Dig in and get the trusted answers you seek.

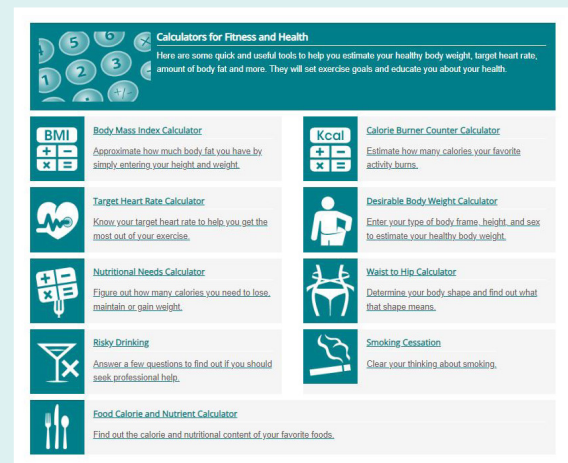
## A health guide at your fingertips

Getting answers to your health questions is important – and getting the right answers is critical. Our health education library includes articles, illustrations, care guides and more without logging into the member portal.

## Interact with your health

Health questions on your mind? Recently injured? Explore your most pressing health questions with the interactive Health Navigator Tool. Simply choose a body type, highlight the areas of interest, and select the information you want. The tool will reveal related symptoms, diseases and other relevant information.

Turn to our integrated library and interactive tool for a health partner you can count on. You'll navigate symptoms, questions and concerns within an intuitive experience that guides you along your individual wellness journey.



## It's easy to get started.

Go to **umr.com**, scroll down to **Highlights and resources** and select **Health education library**.